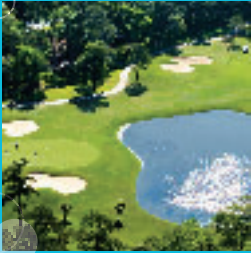


# FUN

DESTINATION



If a sparkling oasis where flowing waterfalls and winding waterslides sounds like paradise, then you've found it at The Forest Oasis Waterscape™! This water wonderland provides all-day enjoyment for the entire family!



The Woodlands Resort is the place where families flourish, smiles bloom, and memories take root. And it's all just a short drive away!

OASIS



Live bands, balloon artists, organized water games, make-your-own-s'mores, and dive-in movies on the big screen are just some of the activities to entertain families this summer. For more excitement, enjoy a concert at The Cynthia Woods Mitchell Pavilion or a shopping spree to The Woodlands Town Center with over 400 stores, galleries and more! Experience The Woodlands Waterway® on a water taxi, or take a relaxing bike ride along the 140 miles of trails weaving through the beautiful forest of The Woodlands.



**The Woodlands®**  
RESORT & CONFERENCE CENTER



# MONDAY

- 7 - 8 am Pilates Allegro\*  
(Reservations required)  
Ages 18+, Co-ed Room
- 8 - 9 am Pilates Allegro\*  
Ages 18+, Co-ed Room
- 9 - 10 am Pilates Mat\*  
Ages 18+, Co-ed Room
- 10 - 11 am Water Aerobics  
Ages 18+, Country Club Pool
- 11 am Water Balloon Toss  
All Ages, Forest Oasis Pool
- 1 pm Dip N'Splash Relay  
All ages, Forest Oasis Pool
- 3 pm Jump Rope Splash  
All ages, Forest Oasis Pool

## All Day Fun! Daily Activities

Water Basketball or  
Water Volleyball  
All ages, Forest Oasis Pool

Forest Oasis Treasure Hunt  
All ages, Forest Oasis Pool



\*Indicates nominal fee.  
Events and times are subject to change without notice.

# TUESDAY



- 7 - 8 am Pilates Allegro\*  
(Reservations required)  
Ages 18+, Co-ed Room
- 10 - 11am Pilates Allegro\*  
(Reservations required)  
Ages 18+, Co-ed Room
- 10:30 - 11:30 am Water Aerobics  
Ages 18+, Country Club Pool
- 11 am Slippery Balloon "POP"  
All Ages, Forest Oasis Pool
- 11 am - 12 pm Pilates Allegro\*  
(Reservations required)  
Ages 18+, Co-ed Room
- 1 pm Water Brigade  
All Ages, Forest Oasis Pool
- 3 pm Jump Rope Splash  
All ages, Forest Oasis Pool
- 4 - 5 pm Pilates Mat\*  
Ages 18+, Co-ed Room



# WEDNESDAY



- |                 |   |
|-----------------|---|
| 7 - 8 am        | Pilates Allegro*<br>(Reservations required)<br>Ages 18+, Co-ed Room |
| 8:30 - 9:30 am  | Pilates Mat*<br>Ages 18+, Co-ed Room                                |
| 9:30 - 10:30 am | Pilates Allegro*<br>(Reservations required)<br>Ages 18+, Co-ed Room |
| 10 - 11 am      | Water Aerobics<br>Ages 18+, Country Club Pool                       |
| 11 am           | Water Balloon Toss<br>All ages, Forest Oasis Pool                   |
| 1 pm            | Dip N'Splash Relay<br>All ages, Forest Oasis Pool                   |
| 3 pm            | Slippery Balloon "POP"<br>All ages, Forest Oasis Pool               |



\*Indicates nominal fee.

Call our Activities Coordinator at ext. 6400 for information and reservations.

# THURSDAY



9 - 10 am	Ultimate Body Workout* Ages 18+, Co-ed Room
10:30 - 11:30 am	Water Aerobics Ages 18+, Country Club Pool
11 am	Jump Rope Splash All Ages, Forest Oasis Pool
1 pm	Slippery Balloon "POP" All ages, Forest Oasis Pool
3 pm	Water Brigade All ages, Forest Oasis Pool
4 - 5 pm	Pilates Mat Ages 18+, Co-ed Room

## All Day Fun! Daily Activities



Water Basketball or  
Water Volleyball  
All ages, Forest Oasis Pool

Forest Oasis Treasure Hunt  
All ages, Forest Oasis Pool

\*Indicates nominal fee.

Events and times are subject to change without notice.

# FR↑IDAY

- 7 - 8 am Pilates Allegro\*  
(Reservations required)  
Ages 18+, Co-ed Room
- 9- 10 am Yoga\*  
Ages 18+, Co-ed Room
- 10 - 11 am Water Aerobics\*  
Ages 18+, Country Club Pool
- 11 am Water Balloon Toss  
All ages, Forest Oasis Pool
- 1 pm Dip N'Splash Relay  
All Ages, Forest Oasis Pool
- 2 pm Slippery Balloon "POP"  
All Ages, Forest Oasis Pool
- 3 pm Water Brigade  
All Ages, Forest Oasis Pool
- 4 - 5 pm Spa Feature Hour  
Forest Oasis Pool  
Enjoy our weekly Spa feature  
such as complimentary hand  
scrubs, neck massages, and  
product samplings
- 4:30 - 7:30 pm Live Music  
Cool Water Café
- 5 - 7 pm Muffie the Clown  
All Ages, Forest Oasis Pool
- 7 pm Build Your Own S'mores  
All ages, Forest Oasis Fire Pit
- Dusk Dive-In Movie  
Fun for everyone – dive into  
the Forest Oasis Pool & enjoy  
the show

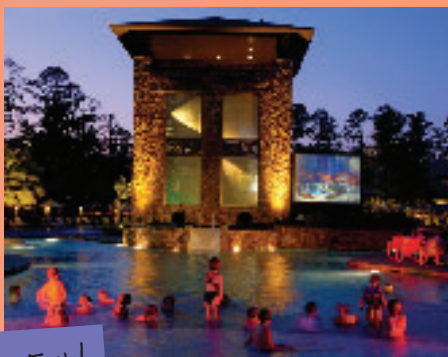


\*Indicates nominal fee.

Call our Activities Coordinator at ext. 6400 for  
information and reservations.

# SATURDAY

- 11 am Water Balloon Toss  
All Ages, Forest Oasis Pool
- 12 - 4 pm Muffie the Clown  
All Ages, Forest Oasis Pool
- 1 pm Dip N'Splash Relay  
All ages, Forest Oasis Pool
- 2 pm Slippery Balloon "POP"  
All Ages, Forest Oasis Pool
- 3 pm Water Brigade  
All Ages, Forest Oasis Pool
- 3 - 5 pm Magical Balloons  
All Ages, Forest Oasis Pool
- 4 - 7 pm Live Music  
Cool Water Café
- 7 pm Build Your Own S'mores  
All ages, Forest Oasis Fire Pit
- Dusk Dive-In Movie  
Fun for everyone – dive into the  
Forest Oasis Pool & enjoy the show



All Day Fun!  
Daily Activities

Water Basketball or  
Water Volleyball  
All ages, Forest Oasis Pool

Forest Oasis Treasure Hunt  
All ages, Forest Oasis Pool

\*Indicates nominal fee.  
Events and times are subject to change without notice.

# SUNDAY

10:30 am - 3 pm

Champagne Sunday Brunch  
Enjoy live piano music, in the elegance of The Glass Menagerie



11 am

Jump Rope Splash  
All ages, Forest Oasis Pool

11:30 am - 3:30 pm

Muffie the Clown  
All ages, Forest Oasis Pool

12 pm

Bloody Mary Infusion  
Cool Water Café  
Create your own specialty Bloody Mary featuring infused vodkas, with a variety of garnishes and specialty items

1 pm

Slippery Balloon "POP"  
All Ages, Forest Oasis Pool

3 pm

Jump Rope Splash  
All Ages, Forest Oasis Pool

3 - 5 pm

Magical Balloons  
All ages, Forest Oasis Pool



All Day Fun!  
Daily Activities

Water Basketball or  
Water Volleyball  
All ages, Forest Oasis Pool

Forest Oasis Treasure Hunt  
All ages, Forest  
Oasis Pool

\*Indicates nominal fee.

Call our Activities Coordinator at ext. 6400 for information and reservations.  
Events and times are subject to change without notice.

# DINING



## The Woodlands *Dining Room*

Enjoy breakfast, lunch, and dinner served fresh and made-to-order from our exhibition kitchen and lavish buffet. Ext. 6292



A casually elegant American grill featuring steaks, pastas, and the best signature selections from the wood-fired oven. Daily 11 am - 10 pm Ext. 6200

CHAMPAGNE

## *Sunday Brunch*

Toast the week's end. Voted as one of Houston's Best Brunches. Sundays from 10:30 am - 3 pm in The Glass Menagerie. Enjoy live piano music. Ext. 6323

THE WOODLANDS

## BAR & LOUNGE

Relax with a libation, dine on a light fare, or play a game of pool. Open daily from 5 pm - 1 am. Ext 6490



Dine at the Oasis. Refreshing poolside dining for lunch or dinner. Ext. 6450

### **ROOM SERVICE**

Daily 6 am – 11 pm  
Ext. 1232 or 1432

# HOLIDAYS



*Splash into the Holidays at the Forest Oasis.*

Do something extra-special for the summer holidays by celebrating with us at The Woodlands Resort! Your entire family will enjoy our daily summer activities plus special holiday events.

Splash into the Forest Oasis, play a round or two on our championship golf courses, relax and renew in the spa, or go hiking and biking in the gorgeous forest.



*Rooms fill up fast for holiday weekends so make your reservation NOW!*



Your family will not want to miss the Red-Hot, Star-Spangled Celebration. Enjoy a free concert by the Houston Symphony, a Patriotic Parade, the Red, Hot & Blue Festival, and a spectacular fireworks show! See [www.town-center.com](http://www.town-center.com) for information.



HOLIDAYS NEVER TASTED SO GOOD!

This summer, enjoy a Saturday night treat during the holiday weekends. Join us for a

family fun event like no

other! Gather around

the BBQ pit serving

up smoked brisket,

roisserie chicken,

rope sausage, plus

hamburgers and hot

dogs with all the fixings.

Also, enjoy an authentic

Gulf Coast shrimp boil. And for

dessert, hit the Summer Sweets

Buffet.

Adults \$18.95++

Children under 12 \$11.95++

Call Ext. 6323

to make reservations.

# BBQ & Shrimp

EXTRAVAGANZA



## MEMORIAL DAY WEEKEND

Saturday, May 26

5:30 - 8:00 pm

## JULY 4TH WEEK

Saturdays, June 30 & July 7

5:30 - 8:00 pm

## LABOR DAY WEEKEND

Saturday, September 1

5:30 - 8:00 pm

++Tax and service charge not included

# SPA & FITNESS



## MONDAY

7 - 8 am	Pilates Allegro
8 - 9 am	Pilates Allegro
9 - 10 am	Pilates Mat
10 - 11 am	Water Aerobics

## TUESDAY

7 - 8 am	Pilates Allegro
10 - 11 am	Pilates Allegro
10:30 - 11:30 am	Water Aerobics
11 am - 12 pm	Pilates Allegro
4 - 5 pm	Pilates Mat

## WEDNESDAY

7 - 8 am	Pilates Allegro
8:30 - 9:30 am	Pilates Mat
9:30 - 10:30 am	Pilates Allegro
10 - 11 am	Water Aerobics

## THURSDAY

9 - 10 am	Ultimate Body Workout
10:30 - 11:30 am	Water Aerobics
4 - 5 pm	Pilates Mat

## FRIDAY

7 - 8 am	Pilates Allegro
9 - 10 am	Yoga
10 - 11 am	Water Aerobics

*All classes available for a nominal fee.  
Times are subject to change without notice.  
Reservations recommended*

Call the Fitness Center at Ext. 6245

## NATURE'S SANCTUARY PACKAGES

### NATURE'S RETREAT

25 Minute Massage, Refresher Facial,  
Manicure (1 hour 45 min)


### COUPLE'S DUET PACKAGE

Side by side 50 minute Massages and  
Aromatherapy Facial

### THE WOODLANDS ESCAPE

50 Minute Massage, Deluxe Facial,  
Manicure and Spa Pedicure (4 hours)

Call the Ladies Spa at Ext. 6386



Invest in your well-being and escape to The Spa. Balance your energy with a nature-inspired body treatment, cleanse your soul with a facial or pamper yourself with a soothing nail service. Strengthen your core and attend a wellness class such as Yoga, Pilates or Ultimate Body Workout. Whether looking for peace, relaxation or inspiration, you will find it at The Spa at The Woodlands Resort.



## Hours of Operation

### WOMEN

5:30 am - 9 pm Monday - Friday  
8 am - 7 pm Saturday - Sunday  
281.364.6386

### MEN

5 am - 9 pm Monday - Friday  
6:30 am - 7 pm Saturday - Sunday  
281.364.6245

Events and times are subject to change without notice.



## PANTHER TRAIL™

PANTHER TRAIL™ is our signature course and a great place to test your game. This beautiful course offers small, undulating greens, large greenside and fairway bunkers, gently rolling fairways, and tall Carolina pines lining every hole. A unique feature of Panther Trail is its vast areas of native grasses and spring-time Texas wildflowers. As it wraps around the Forest Oasis Waterscape, tennis center, and restaurants, Panther Trail delivers a true resort course experience.

# GOLF &



# The Oaks

THE WOODLANDS RESORT

THE OAKS allows golfers of any level to test their skills on one to four sets of tees stretching over 7,000 yards. The 6th hole is sure to make you stop and think – first about the natural beauty, and then about your strategy of play. The 18th hole is symbolic of all great courses as it provides a big finish to a memorable round.



# TENNIS



21 tennis courts, including four indoors, with clay and hard court surfaces.

For more information, call the Tennis Center at Ext. 1236

# RECREATION



## FOREST OASIS WATERSCAPE

Enjoy 37 foot waterfalls, a 3D underwater marine mural in a snorkeling bay, Puffy's Sprayground and a relaxation pool and hot tub. There's something for everyone!



## CHAMPIONSHIP GOLF

Two 18-hole championship golf courses, Panther Trail™ and The Oaks. Ext. 6320

## THE SPA

Forget your daily worries and let your stress drift away in our full service spa. Ext. 6386

## TENNIS CENTER

21 court tennis facility with both indoor and outdoor courts. Ext. 1236

## HIKING & BIKING

Experience the enchanting nature of The Woodlands with over 140 miles of hiking & biking trails. Bike rentals available. Ext. 1318

## FITNESS CENTER

Enjoy our fitness center with state-of-the-art cardiovascular and strength training equipment. Ext. 6245





## CYNTHIA WOODS MITCHELL PAVILION

See stars above and stars onstage as you take in a magnificent show at this gorgeous outdoor amphitheater. Surrounded by a lush forest, The Cynthia Woods Mitchell Pavilion offers a wide array of performing arts and contemporary entertainment. For shows and schedules, visit [www.pavilion.woodlandscenter.org](http://www.pavilion.woodlandscenter.org)



Within minutes of The Woodlands Resort, you'll find an abundance of sights and sounds to delight and entertain you. Explore more than 400 shops, from specialty boutiques to department stores. Take a Water Taxi along The Woodlands Waterway. Discover a whimsical collection of outdoor sculptures. Catch the latest movies. You can do it all in The Woodlands!





Destination: Fun! During the summer, The Woodlands Resort is the best place to plant yourself. Experience championship golf on two spectacular courses. Make a splash in the refreshing Forest Oasis. Relax and renew in the peaceful spa. Enjoy delicious cuisine, world-class shopping, and lively outdoor activities year-round. It's all waiting for you, nestled in the forest just north of Houston!



  
**The Woodlands**<sup>®</sup>  
RESORT & CONFERENCE CENTER

2301 North Millbend Drive The Woodlands, Texas 77380  
For reservations 800.433.2624 | [www.woodlandsresort.com](http://www.woodlandsresort.com)