

# The Spa

THE WOODLANDS RESORT

## NATURE'S SANCTUARY SPA PACKAGES

### SPA TIPS

- Any guest in the steam room, sauna and whirlpool must be at least 16 years of age.
- Please arrive 15 minutes before your scheduled service.
- In consideration of other spa guests, service time will not be extended for delayed arrivals.
- Shower before body treatments or use of pools.
- Refrain from shaving before body treatments.
- Leave valuables behind. We cannot be responsible for personal items left unattended.
- A locker will be provided during your spa visit.
- No cell phones, please.
- Notify us of any medical/physical condition such as pregnancy, high blood pressure, allergies or skin conditions.



Our enchanting sanctuary features a menu of nature-inspired body treatments. Whether looking for peace, relaxation or inspiration, you will find it at The Spa at The Woodlands Resort.

### SPA HOURS

Tuesday – Sunday 8 am – 6 pm  
All Spa Reservations – 281.364.6386

### FITNESS CENTER

Open 24 Hours  
Access with room key



THE  
WOODLANDS  
RESORT®

woodlandsresort.com | 281.367.1100  
2301 N. Millbend Drive The Woodlands, TX 77380



THE  
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**Enchanted Forest Experience** \$850  
(6 hours 30 min)  
*Hot Stone Massage with Body Butter, Age Defying Mother Nature Facial with Scalp Massage, Forest Oasis with Body Butter, Sweet Genius Manicure and Sweet Genius Stone Pedicure*

**Lost in the Woods** (5 hours) \$625  
*50 Min Swedish Massage, Seasonal Glow Scrub, Age Defying Mother Nature Facial, Sweet Genius Herbal Manicure and Pedicure*

**Duet Delight – Couples**(1 hour 30 min) \$410  
*Celebrate any special occasion together. Duet 50 Min Swedish Massage, Sugar Rush Facial, Herbal Foot Soak, Wine and Chocolate*

**Conference Recovery** (1 hour 30 min) \$200  
*50 Min Swedish Massage, Sugar Rush Facial, Herbal Foot Soak*

**Nature's Retreat** (1 hour 30 min) \$200  
*Tension Reliever Massage, Sugar Rush Facial, Express Pedicure*

**The Woodlands Escape** (4 hours) \$450  
*Hot Stone Massage, Herbal Recovery Facial, Green Tea Pedicure, Spa Manicure*

**Spa Sampler** (Choose any 3) \$350  
*50 Min Swedish Massage  
Sweet Face Facial  
Seasonal Glow Scrub  
Spa Manicure and Pedicure  
Green Tea Pedicure with Hand Treatment*



Our fitness center features cardio-vascular equipment with free weights and Cybex weight machines. Take advantage of spa facilities with saunas, whirlpools and eucalyptus steam rooms.



### BODY NURTURING

Tension Reliever Deep Tissue	25 Min	\$ 85
Tension Reliever Massage	25 Min	\$ 75
Swedish Massage	50/80 Min	\$120/\$170
Aromatherapy Massage	50/80 Min	\$130/\$180
Deep Tissue Massage	50/80 Min	\$140/\$190
Hot Stone Massage	80 Min	\$170
Fire & Ice Stone Massage	80 Min	\$195
Duet Swedish (Couples)	50/80 Min	\$260/\$360
Duet Aromatherapy (Couples)	50/80 Min	\$280/\$380
Duet Deep Tissue (Couples)	50/80 Min	\$300/\$400
Duet Hot Stone (Couples)	80 Min	\$360
Seasonal Scrub	50 Min	\$140
Ginger Mint Detox Wrap	50 Min	\$175

**The Forest Oasis** 80 Min \$225  
*This signature treatment begins with a dry-brush exfoliation to prepare the skin. A soothing application of warm oils, and a gentle scrub of ten grains and spices massage away dry cells. Relax in a warm cocoon while receiving a luxurious foot scrub and scalp massage. A hydration soufflé is applied with a lotion application. The result is nourished and radiant skin.*

**The Ultimate Body Experience** 80 Min \$300  
 Upgrade your Forest Oasis experience with a sugar rush facial in place of scalp massage.

### AMENITIES\*



Eucalyptus steam room, dry sauna and whirlpool hot tub

Luxurious robes

Salon quality hair products available for visit use

Herbal teas and infused waters

\*Use of these amenities are complimentary to resort guests

### ENCHANTED EXTRAS

Paraffin Hand Treatment	\$ 20
Foot Revival	\$ 45
Body Butter	\$ 30

**Twisted Services** \$ 20  
 Add a twist to any massage or facial by incorporating an exfoliating arm, hand and foot scrub to your service. (Service time remains the same)

### NATURE'S BEST FACIALS

Sugar Rush	25 Min	\$ 85
Sweet Face	50 Min	\$130
Some Like it Hot	50 Min	\$155
Herbal Recovery	60 Min	\$185

**Age Defying Mother Nature** 70 Min \$255  
*This ultimate facial includes organic ingredients with naturally pure vitamins to address premature aging, sun damage, and loss of vitality. Clarisonic® cleansing, exfoliation, masque application and Baby Quasar® Phototherapy gives you a complete customized facial. Lip and eye treatment included.*

Men's Director Facial	50 Min	\$130
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### NATURAL NAILS

Express Manicure	\$ 45
Express Pedicure	\$ 65
Spa Manicure	\$ 55
Spa Pedicure	\$ 75
Green Tea Pedicure	\$ 95
Sweet Genius Herbal Manicure	\$ 85
Sweet Genius Herbal Pedicure	\$105
Sweet Genius Stone Pedicure	\$125

A coconut and cream soak provides intense hydration to soothe tired feet. A scrumptious natural sugar cane scrub helps to melt away dryness and roughness. Seasonal masques such as Chocolate Mousse, Strawberry Rhubarb and others deliciously replenish skin with their high antioxidant content. Rejuvenate your skin with a light, sublimely aromatic moisturizer with the added benefits of antioxidants, vitamins, and nutrients. Repair and revitalize with this ultimate pedicure experience.

Shellac Manicure	\$ 65
French or Nail Design	\$ 10 up

### PETITE SPA SERVICES

For our 6-12 year old guests

Petite Mani	25 min	\$25
Petite Pedi	25 min	\$40
Petite Facial	25 min	\$65

**Little Luxuries Spa Package:**  
 Petite Mani & Pedi Combo, Petite Facial, Light Makeup Application, and Spa Gift \$155

### 24-HOUR CANCELLATION POLICY

The full amount of services booked will be charged for appointments not canceled 24 hours in advance. Services booked in a 24-hour window are considered confirmed. A 24% service charge applies to all services. Groups of three or more have a 72-hour cancellation policy.

Prices are subject to change without notice.

