Our enchanting sanctuary features a menu of nature-inspired body treatments. Whether looking for peace, relaxation or inspiration, you will find it at The Spa at The Woodlands Resort.

**SPA TIPS**
- Any guest in the steam room, sauna and whirlpool must be at least 16 years of age.
- Please arrive 15 minutes before your scheduled service.
- In consideration of other spa guests, service time will not be extended for delayed arrivals.
- Shower before body treatments or use of pools.
- Refrain from shaving before body treatments.
- Leave valuables behind. We cannot be responsible for personal items left unattended.
- A locker will be provided during your spa visit.
- No cell phones, please.
- Notify us of any medical/physical condition such as pregnancy, high blood pressure, allergies or skin conditions.

**SPA HOURS/APPOINTMENTS**
Please call The Spa - 281.364.6386

**FITNESS CENTER**
Open 24 Hours
Access with room key

---

**Enchanted Forest Experience** $850
(6 hours 30 min)
- Hot Stone Massage with Body Butter,
- Age Defying Mother Nature Facial with Scalp Massage,
- Forest Oasis with Body Butter,
- Sweet Genius Manicure and Sweet Genius Stone Pedicure

**Lost in the Woods** (5 hours) $625
- 50 Min Swedish Massage,
- Seasonal Glow Scrub,
- Age Defying Mother Nature Facial,
- Sweet Genius Herbal Manicure and Pedicure

**Duet Delight – Couples** (1 hour 30 min) $410
- Celebrate any special occasion together.
  - Duet 50 Min Swedish Massage,
  - Sugar Rush Facial,
  - Herbal Foot Soak,
  - Wine and Chocolate

**Conference Recovery** (1 hour 30 min) $200
- 50 Min Swedish Massage,
- Sugar Rush Facial,
- Herbal Foot Soak

**Nature’s Retreat** (1 hour 30 min) $200
- Tension Reliever Massage,
- Sugar Rush Facial,
- Express Pedicure

**The Woodlands Escape** (4 hours) $450
- Hot Stone Massage,
- Herbal Recovery Facial,
- Green Tea Pedicure,
- Spa Manicure

**Spa Sampler** (Choose any 3) $350
- 50 Min Swedish Massage
- Sweet Face Facial
- Seasonal Glow Scrub
- Spa Manicure and Pedicure
- Green Tea Pedicure with Hand Treatment
**BODY NURTURING**

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tension Reliever Deep Tissue</td>
<td>25 Min</td>
<td>$ 85</td>
</tr>
<tr>
<td>Tension Reliever Massage</td>
<td>25 Min</td>
<td>$ 75</td>
</tr>
<tr>
<td>Swedish Massage</td>
<td>50/80 Min</td>
<td>$120/$170</td>
</tr>
<tr>
<td>Aromatherapy Massage</td>
<td>50/80 Min</td>
<td>$130/$180</td>
</tr>
<tr>
<td>Deep Tissue Massage</td>
<td>50/80 Min</td>
<td>$140/$190</td>
</tr>
<tr>
<td>Hot Stone Massage</td>
<td>80 Min</td>
<td>$170</td>
</tr>
<tr>
<td>Fire &amp; Ice Stone Massage</td>
<td>80 Min</td>
<td>$195</td>
</tr>
<tr>
<td>Duet Swedish (Couples)</td>
<td>50/80 Min</td>
<td>$260/$360</td>
</tr>
<tr>
<td>Duet Aromatherapy (Couples)</td>
<td>50/80 Min</td>
<td>$280/$380</td>
</tr>
<tr>
<td>Duet Deep Tissue (Couples)</td>
<td>50/80 Min</td>
<td>$300/$400</td>
</tr>
<tr>
<td>Duet Hot Stone (Couples)</td>
<td>80 Min</td>
<td>$360</td>
</tr>
<tr>
<td>Seasonal Scrub</td>
<td>50 Min</td>
<td>$140</td>
</tr>
<tr>
<td>Ginger Mint Detox Wrap</td>
<td>50 Min</td>
<td>$175</td>
</tr>
</tbody>
</table>

The Forest Oasis 80 Min $225

This signature treatment begins with a dry-brush exfoliation to prepare the skin. A soothing application of warm oils, and a gentle scrub of ten grains and spices massage away dry cells. Relax in a warm cocoon while receiving a luxurious foot scrub and scalp massage. A hydration soufflé is applied with a lotion application. The result is nourished and radiant skin.

The Ultimate Body Experience 80 Min $300

Upgrade your Forest Oasis experience with a sugar rush facial in place of scalp massage.

**AMENITIES**

- Eucalyptus steam room, dry sauna and whirlpool hot tub
- Luxurious robes
- Salon quality hair products available for visit use
- Herbal teas and infused waters

**ENTHANCED EXTRAS**

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paraffin Hand Treatment</td>
<td>$20</td>
</tr>
<tr>
<td>Foot Revival</td>
<td>$45</td>
</tr>
<tr>
<td>Body Butter</td>
<td>$30</td>
</tr>
<tr>
<td>Twisted Services</td>
<td>$20</td>
</tr>
</tbody>
</table>

Add a twist to any massage or facial by incorporating an exfoliating arm, hand and foot scrub to your service. (Service time remains the same)

**NATURE’S BEST FACIALS**

<table>
<thead>
<tr>
<th>Facial Name</th>
<th>Time</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sugar Rush</td>
<td>25 Min</td>
<td>$ 85</td>
</tr>
<tr>
<td>Sweet Face</td>
<td>50 Min</td>
<td>$130</td>
</tr>
<tr>
<td>Some Like it Hot</td>
<td>50 Min</td>
<td>$155</td>
</tr>
<tr>
<td>Herbal Recovery</td>
<td>60 Min</td>
<td>$185</td>
</tr>
</tbody>
</table>

Age Defying Mother Nature 70 Min $255

This ultimate facial includes organic ingredients with naturally pure vitamins to address premature aging, sun damage, and loss of vitality. Clarisonic® cleansing, exfoliation, masque application and Baby Quasar® Phototheraphy gives you a complete customized facial. Lip and eye treatment included.

Men’s Director Facial 50 Min $130

**NATURAL NAILS**

- Express Manicure $ 45
- Express Pedicure $ 65
- Spa Manicure $ 55
- Spa Pedicure $ 75
- Green Tea Pedicure $ 95
- Sweet Genius Herbal Manicure $ 85
- Sweet Genius Herbal Pedicure $105
- Sweet Genius Stone Pedicure $125

A coconut and cream soak provides intense hydration to soothe tired feet. A scrumptious natural sugar cane scrub helps to melt away dryness and roughness. Seasonal masques such as Chocolate Mousse, Strawberry Rhubarb and others deliciously replenish skin with their high antioxidant content. Rejuvenate your skin with a light, sublimely aromatic moisturizer with the added benefits of antioxidants, vitamins, and nutrients. Repair and revitalize with this ultimate pedicure experience.

Shellac Manicure $ 65

**PETITE SPA SERVICES**

For our 6-12 year old guests

- Petite Mani 25 min $25
- Petite Pedi 25 min $40
- Petite Facial 25 min $65

Little Luxuries Spa Package:

- Petite Mani & Pedi Combo, Petite Facial, Light Makeup Application, and Spa Gift $155

24-HOUR CANCELLATION POLICY

The full amount of services booked will be charged for appointments not canceled 24 hours in advance. Services booked in a 24-hour window are considered confirmed. A 24% service charge applies to all services. Groups of three or more have a 72-hour cancellation policy.

Prices are subject to change without notice.