



ACTIVE TEAM BUILDING ACTIVITIES

Each of these events is a one-of-a-kind group experience! Get your group together doing something unique and fun! Get your group out and active and then pair these activities with a Juice, Smoothie or even a Bubbles bar!

GOAT YOGA CLASS

Cost per person: \$55 per person

Class size: 15 (minimum) to 30 people

Length of the Event: 60 minutes

Treat your group to the cutest and most fun work out around!

Meet our sweet pygmy “kids” while they roam our yoga classes and even join you for a pose or two! Inhale in to relax and BREATHE in the beautiful Texas air then exhale out the laughter that is sure to follow with this activity! Each class is an hour long, 45 minutes of an ashtanga yoga practice for beginners followed by 15 minutes of goat time. Partner poses, goat cuddles, or pictures with friends! Event is held outside. Back up “rain” plan will be evaluated based on group size.

YOGA CLASS

Cost per person: \$40 per person

Class size: 15 (minimum) to 30 people

Length of the Event: 60 minutes

For a quiet, refreshing and meditative team breakout- join us in yoga by the waterfront. Our lakeside nook is ideal location for a moment of refreshing and reinvigoration while soaking in our natural surroundings. Event is held outside. Back up “rain” plan will be evaluated based on group size.

PICKLEBALL GAME

Cost per person: \$50 per person

Class size: 8 (minimum) to 48 people

Length of the Event: 60 minutes

*Event scheduled between noon & 8pm daily.

Let your group jump in on the “pickleball” craze with pre-game instruction from certified pickleball instructor and then let the games begin. This activity is ideal for teams of 2 to 4.

We have 12 pickleball courts- some are indoor and outdoor to make this a great year-round team building activity. If outdoor courts are selected, back up “rain” plan will be evaluated based on group size.